



the risks of wearing masks

dare to care

signs of addiction

Watch for any pattern or cluster of these observable behaviors:

- Unexpected professional behavior
- Decreased performance
- Diverting drugs
- Increased irritability
- Charting irregularities
- Missing in action
- Unusual orders from pharmacy
- Dilated or constricted pupils
- Nodding off during a case
- Slurred speech
- Dangerous to leave alone on case
- Pocketing drugs
- Isolating or withdrawing from peers
- Often late
- Mood alterations (unexplained anger)
- Overreacting to criticism
- Wearing long sleeves all the time
- Frequent home crises
- Frequent bathroom breaks
- Forgetful, unpredictable
- Taking frequent extra calls
- Tremors, shakes
- Increasing difficulty with peers, supervisors and/or authority



**Dare to care for a colleague.
Dare to care for yourself.
1.877.767.4637**



**ALBERTA
MEDICAL
ASSOCIATION**

Physician and
Family Support
Program

We would like to acknowledge the resources provided by the Wearing Masks Program and by All Anesthesia Coalition for the Prevention of Substance Abuse in Anesthesia. For more information contact: Allanesthesia.com